

Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
18/2			19/2			20/2			21/2			22/2			23/2			24/2		
30 min	LAB 30 Natalia Group Studio	10:00	55 min	BODYCOMBAT Natalia Group Studio	10:00	55 min	BODYPUMP Mariam Group Studio	10:00	55 min	BODYCOMBAT Nick Group Studio	08:00	55 min	MAKE BODY Natalia Group Studio	10:00	45 min	FT David ! OUTDOOR BOX	11:00	45 min	POSTURAL Mariam Group Studio	13:00
30 min	STRETCH&GO Natalia Group Studio	10:30	55 min	YOGA Julia Group Studio	11:00	45 min	Total Stretch Mariam Group Studio	11:00	55 min	ANTIGRAVITY Irina U ! \$ Group Studio	9:00	45 min	TOTAL STRETCH Natalia Group Studio	11:00	55 min	BODYPUMP Mariam Group Studio	12:00	55 min	RPM Natalia ! CYCLE STUDIO	14:00
55 min	BODY BALLET Natalia ! \$ CYCLE STUDIO	11:00	55 min	BOX Sergi Group Studio	13:00	45 min	POSTURAL Nick Group Studio	12:00	55 min	LAB Mariam Group Studio	10:00	30 min	HIIT Nick ! \$ Group Studio	12:00	55 min	YOGA Julia Group Studio	13:00	55 min	DANCE MIX Mariam Group Studio	15:00
30 min	HIIT Nick ! \$ Group Studio	12:00	55 min	BODYBALANCE Irina U Group Studio	14:00	55 min	STEP TO BEGIN Zak Group Studio	13:00	55 min	PILATES MAT Irina U Group Studio	11:00	55 min	BODY BALLET Irina U ! \$ CYCLE STUDIO	13:00	30 min	LAB 30 David Group Studio	16:00	30 min	BODY PUMP 30 Makho Group Studio	16:00
55 min	BODYPUMP Makho Group Studio	13:00	55 min	DEEP YOGA Julia ! \$ CYCLE STUDIO	19:00	55 min	YOGA Sergi Group Studio	14:00	55 min	BODYPUMP David Group Studio	13:00	55 min	STEP TO DANCE Nick Group Studio	13:00	30 min	CORE David Group Studio	16:30	30 min	CORE Makho Group Studio	16:30
55 min	YOGA Sergi Group Studio	14:00	55 min	LAB Mariam Group Studio	19:00	55 min	BODYCOMBAT Natalia Group Studio	19:00	55 min	YOGA Julia Group Studio	14:00	55 min	BODYBALANCE Irina U Group Studio	14:00	30 min	STRETCH & GO David Group Studio	17:00	55 min	BODYBALANCE Makho Group Studio	17:00
55 min	DANCE MIX Mariam Group Studio	19:00	55 min	PILATES Irina U Group Studio	20:00	55 min	MAKE BODY Mariam Group Studio	20:00	55 min	PLAY David ! \$ GYM	19:00	55 min	BODYPUMP David Group Studio	19:00						
55 min	BODYPUMP Mariam Group Studio	20:00	55 min	BODYPUMP David Group Studio	21:00	55 min	YOGA Julia Group Studio	21:00	55 min	RPM Natalia ! CYCLE STUDIO	19:00	55 min	YOGA Julia Group Studio	20:00						
45 min	TOTAL STRECH Makho Group Studio	21:00							55 min	DANCE MIX Mariam Group Studio	19:00									
55 min	RPM Alex ! CYCLE STUDIO	21:00							55 min	BODYBALANCE Natalia Group Studio	20:00									
									55 min	BODYPUMP David Group Studio	21:00									

! - PRE-REGISTRATION

\$ - PRE-PAYMENT

Supervisor Irina Ushakova: iushakova@worldclass.ge

